Program Guide, Term One 2020

29th January—27th March

KYNETON COMMUNITY HOUSE

Participate, Learn, Develop

Welcome to our Term One program guide.
We have many new courses and activities scheduled this term.
Have a look online at **www.kynetoncommunityhouse.org.au**, contact us on **5422 3433** or email **admin@kynetoncommunityhouse.org.au** to enquire and enrol, or drop in and say hello!
We're at 34 Mollison Street, Kyneton.
ONLINE BOOKINGS AVAILABLE

Community Initiatives

A tasty and healthy lunch for all of Kyneton Wednesdays during School Terms @ Kyneton Mechanics Institute 12:30 pm

Cost: $5.00 incl. Lunch, Dessert, Tea & Coffee (children gold coin donation)

If you have produce to donate contact: lunches@kynetoncommunityhouse.org.au

Boomerang Bags

FREE!

Join the fun of making Kyneton plastic bag free!

Follow us on Facebook, drop by KCH for details of working bees or pick up a take-home kit. Facebook: Kyneton Boomerang Bags

Read Victoria—FREE Program

FREE!

Do you know someone struggling with reading? These free 1 on 1 sessions are a highly effective & supportive way to get people reading the everyday things they need.

For ages 17—100!
Appointments by negotiation
Contact the House to book 5422 3433

Nourish Me Meditation

FREE!

Yes, you can meditate! Learn to meditate and develop your own, ongoing practice in this supportive, welcoming half-hour class.

Wednesdays 8—8:30am
Beginning 5th February.
No need to book, just come along!

Knowing your Teenager

FREE!

Parenting teenagers is not easy, it requires creativity, determination and patience!

Join other parents and carers in this workshop that aims to provide information, improve understanding and explore strategies.

Mon 17th Feb
Arrival 5:45pm

LIKE US ON facebook

Follow us on Instagram
Instagram: @kynetonch

Events

Whole Town Garage Sale

Saturday 22nd February
Register your house on our website.
Cost: $5
Maps on sale for $3 on the day from 8am—12pm.

General Services

Room hire

7 days a week. Registered Kitchen, Small & Large Meeting Rooms, Equipment Hire & Wi-Fi can be arranged.

Community rate available. **Bookings essential**

Occasional Child Care

Now open during school holidays
(closed over Xmas break)
Come join the fun with our fantastic Educators!

Open from Monday to Friday
Sessions (9am—2pm)
Waiting lists may apply
Contact KCH for further information on availability and ask us about the Child Care Subsidy.

Admin—Low cost photocopying, printing & faxing, Community use Computer desk

Volunteering - we currently have vacancies in:

- Computer /Tablet skills, providing one-to-one assistance
- Gardening
- Community Lunch
- Office administration

Become a Member!

FREE!

Join the centre as a member and receive 10% off one course per semester, use Wi-Fi for free (bookings essential). You'll also receive updates about what's on and gain voting rights at AGM's and Special General Meetings. Apply online or visit the House.

Courses & Activities

(min numbers reqd)

Lego/Robotics Club

If you love Lego or Robotics then this is the activity for you! Use LEGO to explore the world of robotics.
Program your creations to do your will!

Wednesdays 5th Feb—25th Mar
4:30—6pm, Cost:$180
Suitable for ages 6-12

Kynecraft Club

NEW

Love Minecraft? Design, build and do your best to survive in these new afterschool club sessions that are sure to be a blockbuster.

Wednesdays 3rd Feb—23rd Mar
4:30—6pm, Cost: $180
Suitable for ages 7-12

Certificate/Diploma Courses

We are now taking expressions of interest for:

- Certificate IV in Disability
- Certificate III Individual Support
- Certificate IV or Diploma in Community Services.

Contact 1300 664 601 or info@pta.edu.au
www.pta.edu.au

Permaculture

Interested in growing your own veggies and learning the best way to establish your sustainable garden?

Fridays 10am—2pm
7th Feb — 20th Mar
$80 per term ($70 conc) 7 wks
Bookings through www.woodendnh.org.au

Community Art Project

FREE!

NEW

Create a large scale art project from start to finish. Learn how to plan a project, find a space and add to the fabulous artworks on display throughout the community landscape in Kyneton.

Express your interest through our website or phone us on 54223433.

Suitable for all abilities and ages. (Kids must be accompanied by an adult)

COURSES & ACTIVITIES CONT'D (MIN NUMBERS REQUIRED)

Responsible Service of Alcohol (RSA)

It is compulsory to have an RSA certificate if you work in a venue with a general, on–premises, late night or packaged Liquor Licence, such as a bottle shop.
4 hour course.
Wednesday 19th Feb or 18th Mar
5—9pm, Cost $85

Educators First Aid

The Australian Children's Education and Care Quality Authority has endorsed this course as satisfying all educator requirements for First Aid and Anaphylaxis.
To enrol: https://www.its.vic.edu.au/enrolment-form/?eventid=4845
Sat 18th Jan & 14th Mar
9am—5:30pm, Cost $180

Kokedama workshop

Learn something new and walk away with a beautiful handmade Kokedama for you, or as a great gift!
Tue 25th Feb 6:30-7:30pm or
Sat 14th Mar
2-3pm, Cost: $25
Book: Abbey 0409 427 732
wherethestarsalign@outlook.com

Bike Maintenance

Join bike mechanic Dave for an interactive workshop to ensure you know how to look after your pushbike. Replace tubes, adjust brakes, gears and more. BYO Bike and any tools you use.
Date: Saturday 8th Feb
10am—2pm, Cost: $50

Photography for Beginners

Join Photographer of Awesome Stuff, Lakshal Perera in this 3 week course that will give you an intro to Photography plus give you some technical and Photoshop skills too!
BYO SLR Camera
22nd & 29th Mar & 5th Apr
2-4pm, Cost: $150

Yin/Yang Yoga

Join Fran for this gentle and nurturing yoga. Yin is about stretching & holding poses (with support) for a long time and is a perfect intro into a new style of exercise.
$12per session, or 5 for $50
Contact Fran for times and availability.
0434 022 917 or franmalane1@gmail.com

LEAP Re-enter the Game

Looking for work? Been out the job market for too long? Update your CV, learn how online job portals work. Interview skills. Create a template for a cover letter.
Dates: TBA
Express your interest
Ph 54223433
Cost: $50/$40 conc.

FIRST AID LEVEL II

Learn basic first aid response for emergency life support until assistance arrives (includes CPR. To enrol : http://www.its.vic.edu.au/hltaid003-provide-first-aid-courses/

Saturday 1st Feb
Time 9—4:30, Cost: $120

Mindfulness Based Meditation

A 6 week course facilitated by an experienced teacher. A supportive group suitable for new or experienced participants.
Contact Voula : 0402 622 554 or counsellingandmeditation@gmail.com
Mondays 7:30—8:30pm
Contact Voula for dates

Qi Gong
Rebalance body, mind and soul

Use the ancient Chinese energy practice of Qi Gong to learn how to boost your energy and rebalance on all levels. Suitable for beginners or those with some experience, practices are gentle and nourishing.
Cost: $135, Conc. $110
7:30-8:30pm, 22nd Apr—3rd Jun
Free intro class March 18th 7:30pm
Contact Michelle to book 0408 081 455

Natural Cleaning Products Workshop

Introduction to using essential oils, and other plant-based ingredients, to make your own chemical-free household cleaning products. Leave this workshop with several products you've made, plus the knowledge to make more at home.
Further details on our website.
29th Feb, 10:30am -12pm Cost: $55

Natural Skincare Workshop

In this hands on two hour workshop you'll learn all there is to know about how to make your own natural skin care products without the many synthetics and chemicals found in store bought products.
Make and take home a range of goodies
Further details on our website.
1st Feb or 21st Mar, 10:30am—12:30pm
Cost: $65

Watercolour Painting Classes

Work on a Watercolour project under the watchful eye of our teacher.
Students will work towards a small exhibition of their achievements at the end.
No experience necessary, art materials supplied or bring your own if you have preferred products.
All levels welcome!
Cost: $25 per class (6 for $140)
Sundays 9th Feb - 29th Mar
1-3pm

CPR

Covers the skills and knowledge required for Cardio Pulmonary Resuscitation.
To enrol: http://www.its.vic.edu.au/hltaid001-provide-cadriopulmonary-resuscitation-cpr-refresher/
Saturday 1st Feb
9am—12:30pm, Cost $95

Vinyasa Yoga with Karina Reed

Free flowing Vinyasa sequences focusing on strength & core with plenty of poses to get the heart rate going.
Wednesdays from 29th Jan 6:45—8pm
$15 per class
Bookings not required—just come along!
Classes in Portable at rear of KCH

Skills For Life
Hospitality, Agriculture & Childcare/ Community Service

A facilitated program focusing on job skills required to enter the hospitality , agriculture, childcare or community service industries. Industry specific training along with First Aid and Literacy/Numeracy training.
Date: TBA (2 day per week commitment)
10am—3pm
Additional work experience days organised with student during course.
Cost: FREE
(eligibility criteria apply)

LEAP onto the Web

Is your business ready for the next steps? Tell us what you need from Social Media & Digital Advertsing. This will be a full day student led program.
Register your interest via our website or phone 5223433
Date: TBA
Cost: $50/$40 conc.

Scrapbooking/Card Making

Learn how to make your own greeting card with Scrapbooking!
Materials available will include items that cover Christmas, Halloween, birthdays, weddings etc. Approximately 60 kits to choose from.
Register your interest 5422 3433.

Be Connected
Every Australian Online

Have a curly computer/ phone/tablet question or problem? Sign up to the Be Connected program and have access to our Digital Mentor each week at the Community Lunch .

Handmade Jewellery Workshop

Make your own unique pieces using polymer clay under instruction from jewellery designer Kat.
Saturday 29th Feb
12-4pm, Cost: $80